

Striving

for

Zero

STRIVING FOR ZERO EXCELLENCE AWARDS

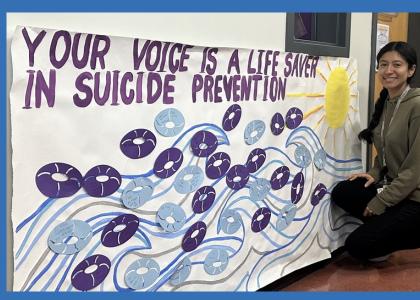
INNOVATIVE PARTNERSHIPS Promoting Prevention Through the LACOE Wellbeing and Support Services Internship Program: Los Angeles County

Through an innovative partnership with 14 universities, the Los Angeles County Office of Education provides training for school site preceptors as well as training, practicum instruction, and clinical supervision for bachelor and masters level social work and marriage and family therapy interns placed in schools within 14 LA County partner districts selected due to student behavioral health need.

The focus of the program is to:

- Promote social and emotional wellbeing for all students and school community members.
- Provide mental health awareness and suicide prevention outreach and education to students, staff, and caregivers
- Provide interventions through a multi-tiered system of school mental health supports framework.
- Increase the behavioral health workforce in schools











HERE ARE SOME SIGNS AND SYMPTOMS



Self Talk: • Wanting to die • Great guilt or shame

Being a burden to others

Mood:

- Empty, hopeless, trapped, or having no reason to live
- Extremely sad, more anxious, agitated, or full of rage
- Unbearable emotional or physical pain

Behavior:

- Making a plan or researching ways to die
 Withdrawing from friends, saying goodbye, giving away important items, or making a will
 - Taking dangerous risks such as driving extremely fast
 - Displaying extreme mood swings
- Eating or sleeping more or less
- Using drugs or alcohol more often







SCAN ME TO PLAY SHORT EVENT VIDEOS!