Meeting the Funding Challenges for Mental Health Services in Schools

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# Who is in the Room

In Chat Box, please indicate your role and your level of knowledge of CYBHI





Overview School-Based MH Funding



Strategies for Funding Including CYBHI

## •/-

State of the State of multiple Mental Health funding sources



Models CA schools are currently using to implement Mental Health supports

Question Parking

Today's

Objectives

PowerPoint and documents will be forwarded by MHSOAC

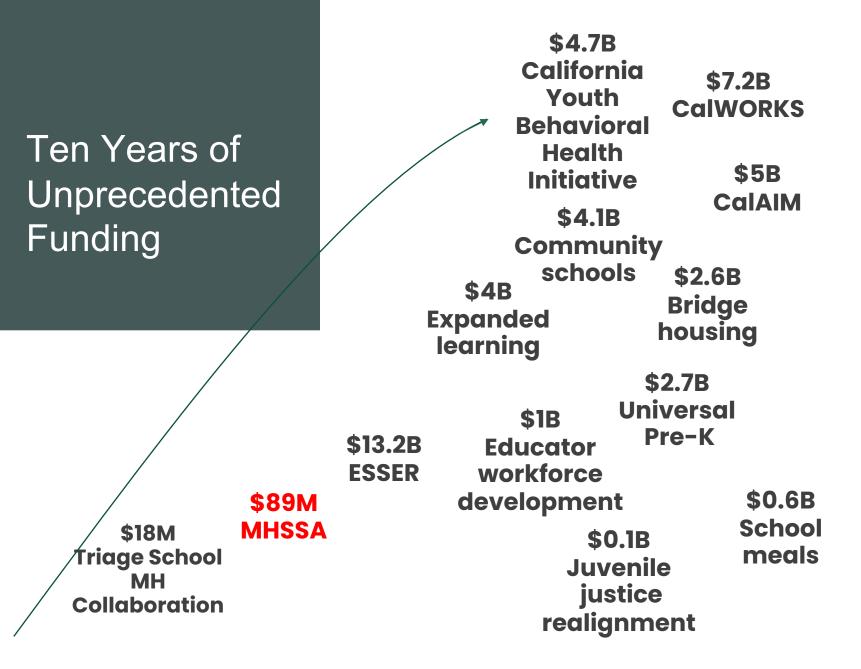


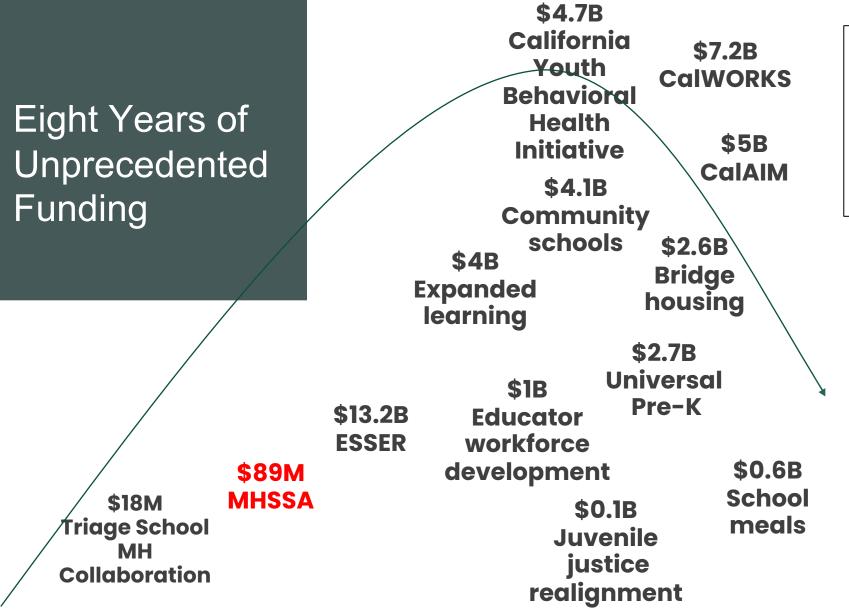




## How is your agency currently funding integrated mental health programs?

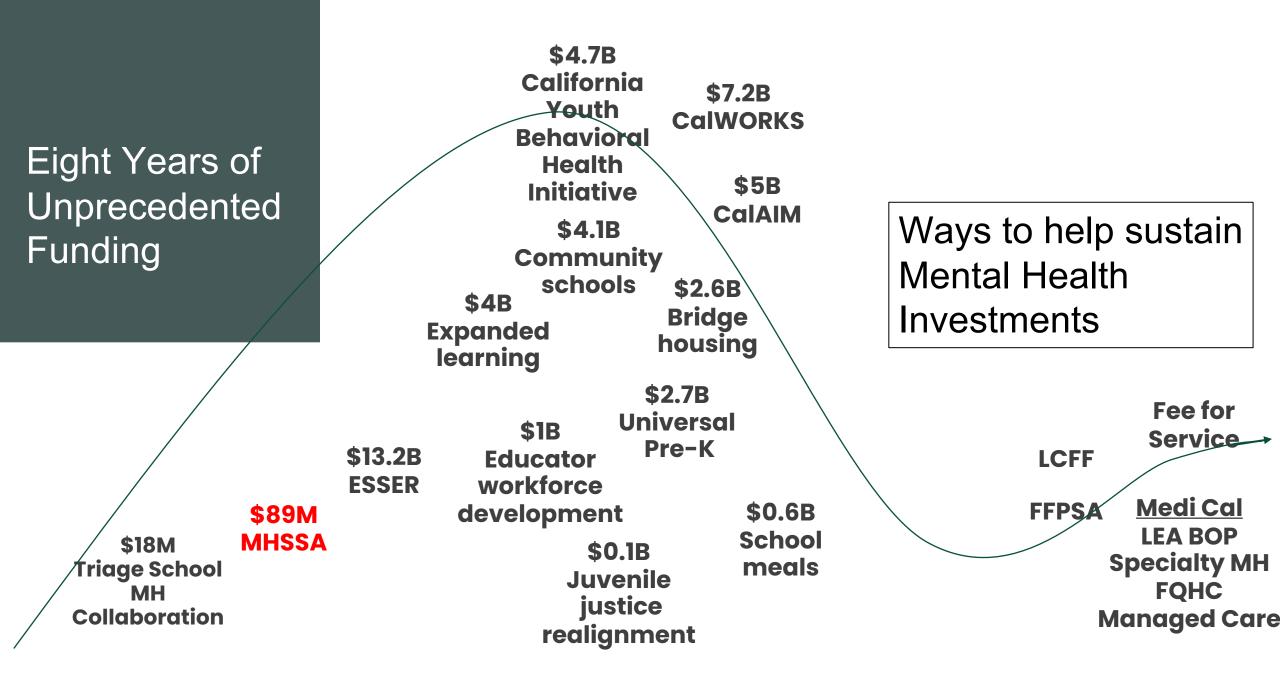
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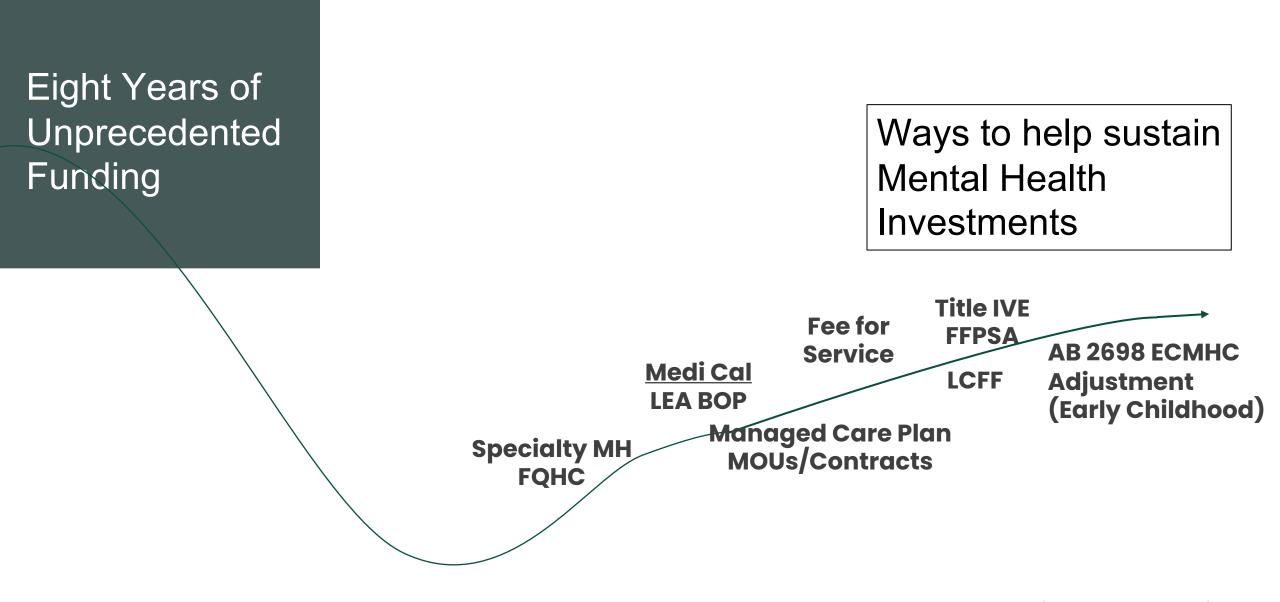


Planning is required to avoid adverse outcomes of mostly **one-time** funding...

Note: Figures approximate



Note: Figures approximate



#### Note: Figures approximate

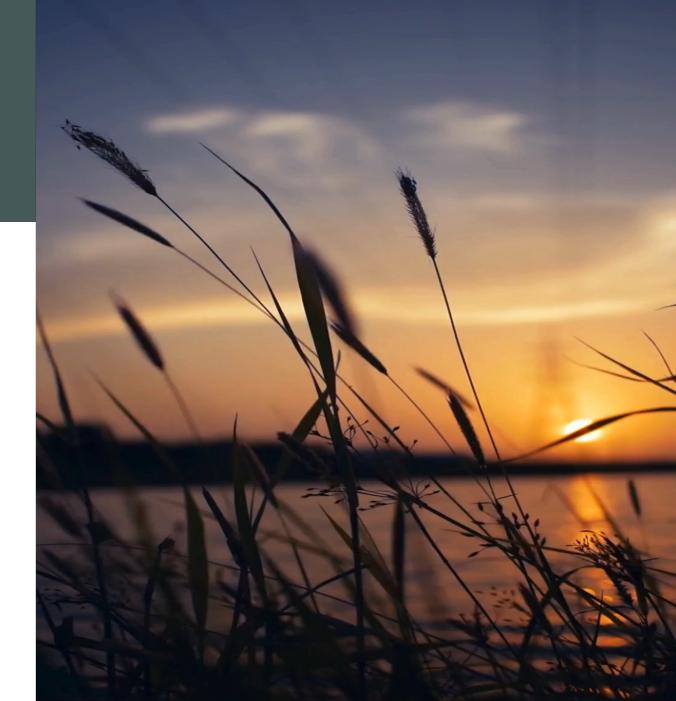
## Mindful Moment

Please be mindful during this presentation and as you move forward with implementing many new strategies for funding Mental Health in Schools.

This work is not a sprint. It is a marathon and will take time, preparation, and deep cleansing breaths.

To be successful, it will require new partnerships, strategies, and staff /collaborations that you may not be used to.

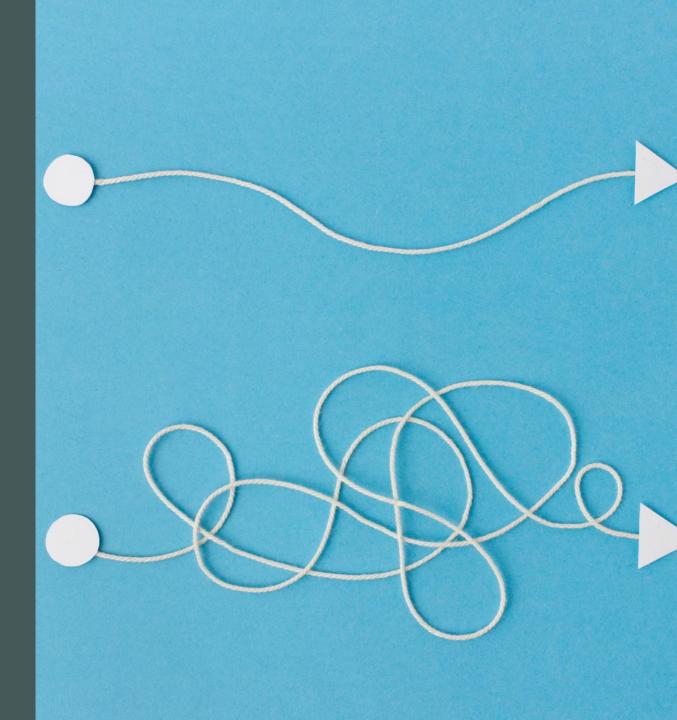
Don't try to do everything at once, and seek assistance from partners who can help.



## Three Strategies

1. Think in terms of a business life cycle.

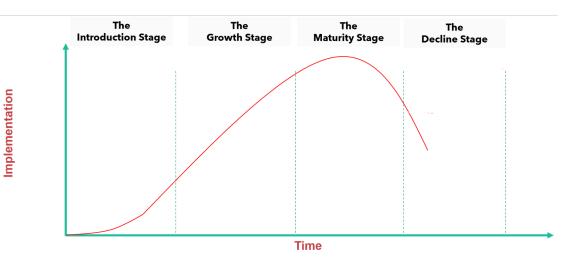
- 1. Graph your funding sources beginning and end date.
- 1. Braid funding to maximize funding to be more effective and efficient.



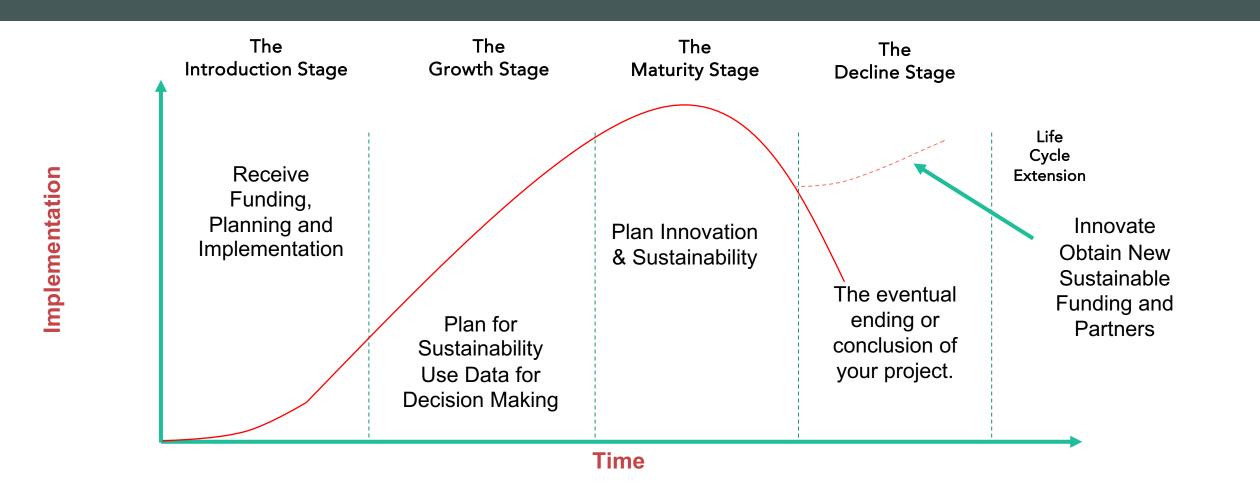
#### Funding Life Cycle

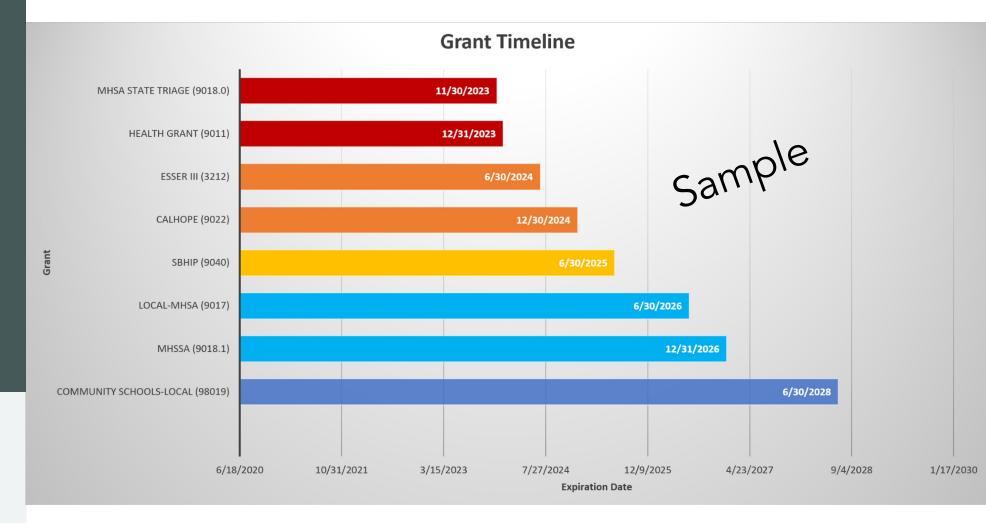


#### Think in Terms of Funding Life Cycle



#### Funding Life Cycle



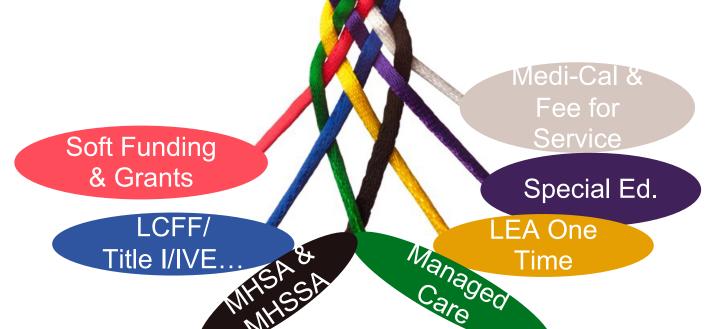


#### Understanding Funding End Dates (Exactly)

#### Sustaining Mental Health Services Requires Braided Funding and Partnership

There is no single funding source to leverage that will fully fund an integrated mental health program.

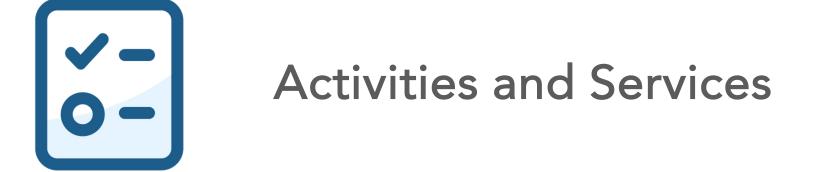
Communities must look at braided/blended funding and collaboration.



Let's Hear About Your MHSSA Services







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СҮВНІ

Child Youth Behavior Health Initiative.

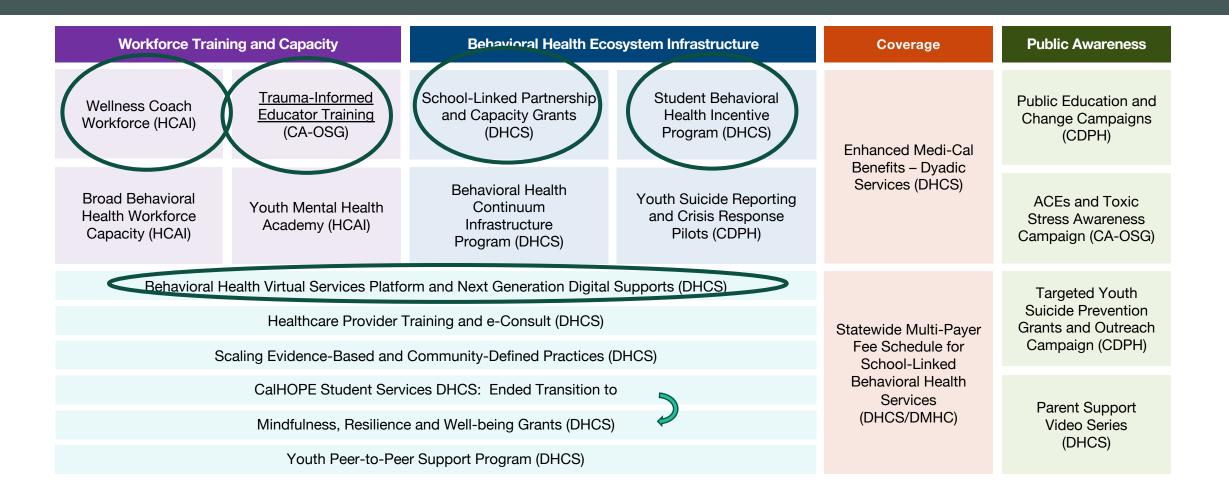
Medi-Cal

Other Sources of funding include Medi-Cal.



Family First Prevention Services Act

#### Funding Opportunities



Within MTSS Framework, Where would you indicate you do most your services







## Within MTSS, Where would you indicate you have most MHSSA Services?

(i) Start presenting to display the poll results on this slide.

#### How CYBHI components fit into MTSS Framework

Building a continuum of support with the Child Youth Behavioral Health Initiative.



#### If you came late

Question Parking Lot

PowerPoint and

Documents will

MHSOAC

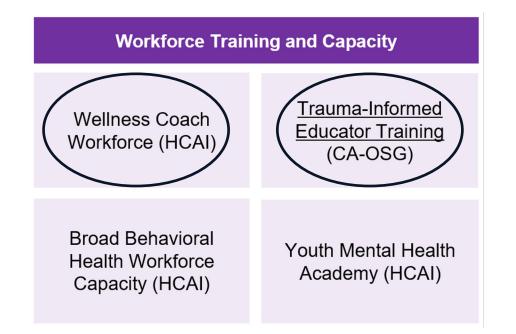
be forwarded by



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#### **Trauma-Informed Training for Educators (OSG)**

- Resource for Educators
- Online July 2023 Professional Learning Modules

#### **Certified Wellness Coach**

- Develop a pathway for workforce development
- Increase overall capacity to support growing youth behavioral health needs.
- Build a diverse behavioral health workforce with lived experience working in a wide variety of school, health, and community settings.
- Fill some of the workforce gaps that exist today.
  (i.e., few existing BH roles require 1-4 years of education)
- Ensure the role is both a desirable occupation in and of itself and a stepping-stone to more advanced BH roles.
- Engage directly with youth (aged 0 25), while ensuring adequate training and supervision.
- Serve vulnerable populations where they live, study, and work.
  - \* Funding Grant Expected in June

#### Services and Competencies



## Wellness Coach Tiered Supports

Support School Counselors

Crisis referral

Tier

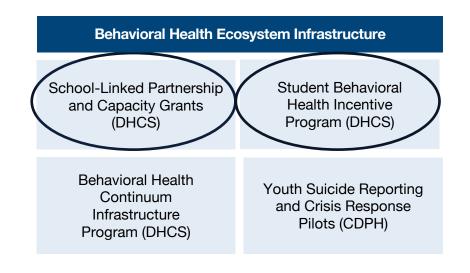
Tier 2

Tier

Care coordination

#### Check In / Check Out

- Assist in identifying students with Tier III needs
- Life skills (e.g., stress management, time management, problem-solving)
- Assist or lead group interventions/activities that do not require PPS-C or licensure
- Support Universal Screening tools
- Teach and reinforce classroom social, emotional, behavioral lessons under guidance of mental health or PPS staff
- School-wide Bully-Prevention Programs such as Stop, Walk, and Talk
- Provide mental health and wellness information across campus in the forms of visuals, posters, flyers, and more...
- Assist in identifying students with Tier II needs
- Deliver structured curriculum to groups or classrooms, focusing on wellness promotion and education such building positive relationships, bullying prevention, nutrition, and exercise in relation to behavioral health



Link to Capacity Grant Website Here

#### Student Behavior Health Incentive Program (SBHIP)

- Address behavioral health access barriers for Medi-Cal students through Targeted Interventions that increase access
- **Prevention, early intervention, or other behavioral health services** provided by school-affiliated behavioral health providers for TK-12 children in public schools.
  - \*\*\*LEAs can establish ongoing contracts with Managed Care Plan to support Mild to Moderate Students with Medi Cal\*\*\*

#### **School-Linked Partnership and Capacity Grants**

- Strengthen school-linked behavioral health services and provide California public K-12 schools.
- Support institutional readiness for the <u>statewide all-payer fee</u> <u>schedule</u> by providing resources to schools to expand its provider capacity, develop critical partnerships, and build the necessary infrastructure.

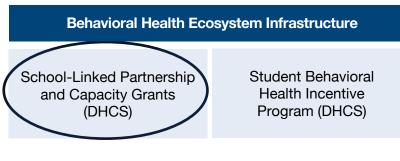
## CYBHI Workstreams: Fee Schedule and Capacity Grant

**Capacity Grant (Allocation)** 

One-time investment to build operational readiness for the multi-payer fee schedule

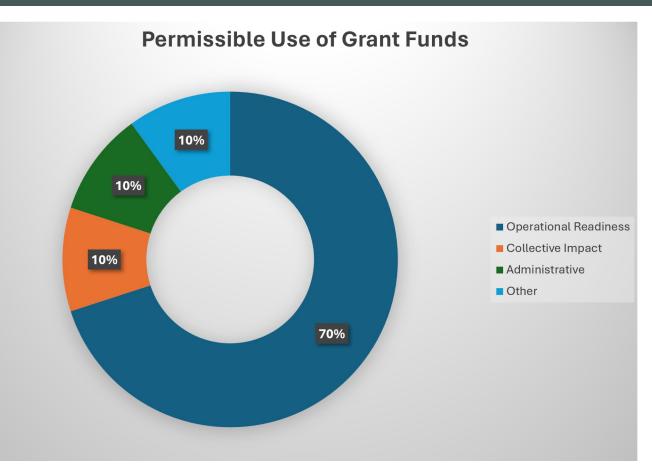
Multi-Payer Fee Schedule

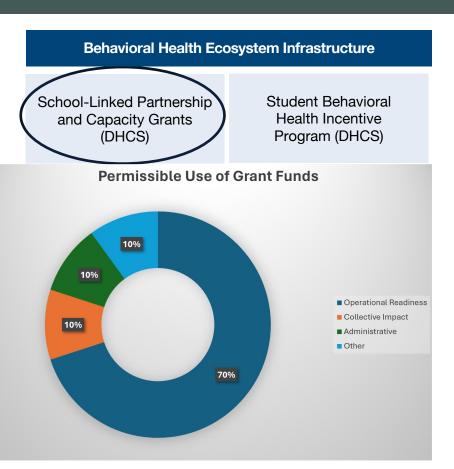
New funding source to support student mental health. (Medi-Cal, Commercial and Disability Insurer) to reimburse covered services



#### **School-Linked Partnership and Capacity** Grants

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- Support institutional readiness for the <u>statewide multi-payer fee</u> <u>schedule</u> by providing resources to schools to expand its provider capacity, develop critical partnerships, and build the necessary infrastructure.





At least 70% of each county's funding should support LEAs as they achieve

#### operational readiness.

Funds should address one or more of the following:

- Medi-Cal enrollment of sites
- Service delivery infrastructure and capacity building

(EHR)

- Data collection and documentation
- Billing infrastructure

Up to 10% of funding can be reserved by the COE to offset any COE administrative costs.

Up to 10% of funding can be dedicated to projects that build a necessary **collaborative infrastructure** for coordinated systems that focus on the needs of children and families.

Up to 10% of each county's funds can be dedicated to other

expenditures that the COE deems necessary to strengthen the COE or LEA's ability to provide behavioral health services and supports to students.

## Operational Readiness Scenarios

#### $\mathbf{T}$

- Allocation for LEAs directly for Operational Readiness
- Some or all of LEAs centralize (Pool) dollars to be used collectively for capacity building

#### Coverage

Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)

Statewide Multi-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)

#### Statewide Multi-Payer Fee Schedule for School Linked Behavioral Health Services (Fee for Service)

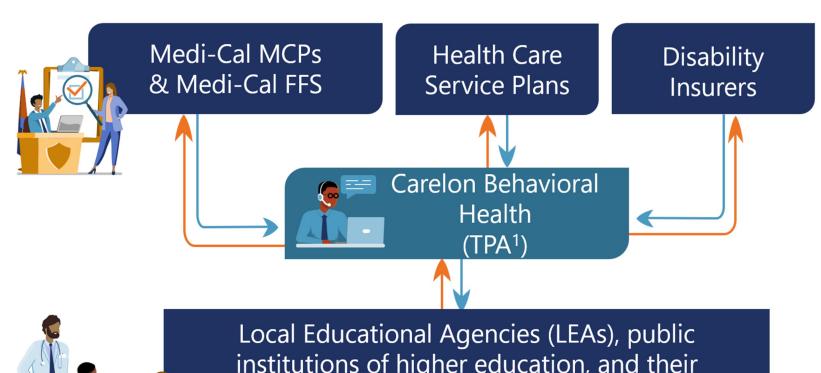
- Build a fee schedule for schools to bill for both Medi-Cal and Commercial Insurance
- Implemented in cohorts starting in January 2024 Cohort of Early Adopters
- Where can activity happen: at schools or community locations if a school-linked service.
- <u>Who can bill</u>:
  - TK-12: COEs (including COEs that also act as LEAs) or LEAs (i.e., school districts and charter schools in
  - Higher education (Students up through 25)
  - At the practitioner level, this provider network could include all of the following:
    - Pupil Personnel Services (PPS) credentialed providers (i.e., PPS school psychologists, PPS social workers, PPS counselors, and registered credentialed school nurses) employed by or contracted with the LEA;
  - Licensed or supervised mental health specialists employed by or contracted with the LEA; and/or,
  - Community-based organizations or behavioral health practitioners
    \*Wellness Coaches will be added in January 2025

Coverage	Provider Types	Fee Schedule Services (non Specialty Mental Health
Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	School-Based Licensed Mental Health Practitioners	Services)education
	School Linked Licensed Mental Health Staff	Screening and Assessment
		Therapy
Statewide Multi-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	PPS Credentialed Practitioners	Care Coordination
	Certified Wellness Coaches (Jan 2025)	Please see the <u>CYBHI Fee Schedule Scope of</u> <u>Services, Codes, and Reimbursement Rates</u> <u>PDF</u> to learn more.

**Provider Types Expanded Example Provide by DHCS** Coverage All providers and practitioners must have a National Provider Identifier (NPI) and be Medi-Cal enrolled Marriage and Family Therapists Physicians Licensed Physician Enhanced Medi-Cal Professional Assistants Benefits – Dyadic **Clinical Counselors** Nurses Services (DHCS) Alcohol and Other Clinics **Licensed Practitioners** Drug (AOD) School-based Psychologists Psychiatrists Counselors Agencies centers **Community Health Workers Clinical Social Workers** Associate Practitioners<sup>1</sup> **Providers** Non-Licensed Community - based organizations **Practitioners** Statewide Multi-Payer Behavioral health County behavioral PPS Credentialed Counselors. Fee Schedule for provider agencies health agencies Psychologists, Social Workers<sup>2</sup> School-Linked Wellness Coaches<sup>3</sup> **Behavioral Health** Local Educational Agencies (LEAs) Services (DHCS/DMHC)

Where can Activity Happen Coverage Enhanced Medi-Cal Benefits – Dyadic Services (DHCS) School School Linked Based Statewide Multi-Payer Fee Schedule for School-Linked **Behavioral Health** Services (DHCS/DMHC)

How will the Multi-payer Fee Schedule Work





institutions of higher education, and their designated providers / practitioners

 $\rightarrow$  Services  $\rightarrow$  Claims  $\rightarrow$  Funds



1. Third-Party Administrator

Source: CYBHI fee schedule guidance document

Graph provided by DHCS

#### Coverage

Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)

Statewide Multi-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)

#### Statewide Multi-Payer Fee Schedule for School Linked Behavioral Health Services (Fee for Service

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## **CYBHI Workstreams**

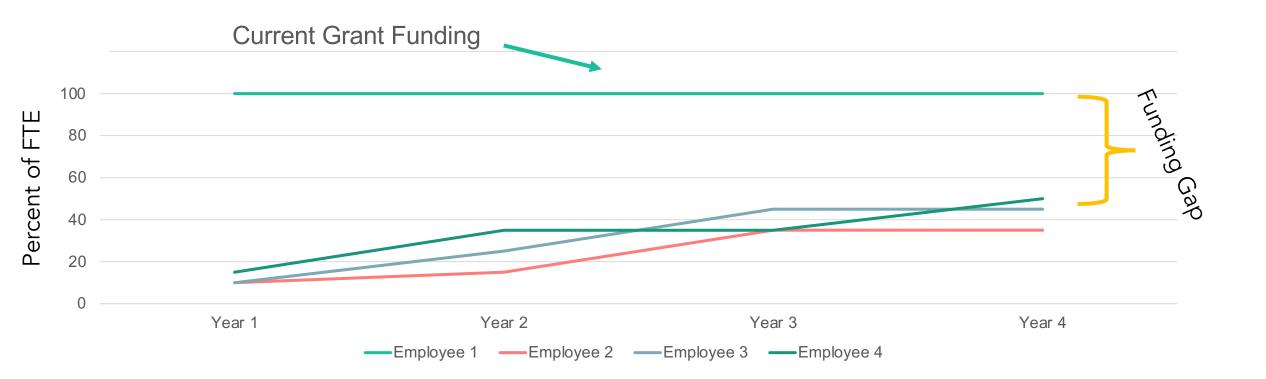
Coverage	<u>Statewide Multi-Payer Fee Schedule for School Linked Behavioral Health Services (Fee for Service)</u>					
Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	Example Service Category	Procedure Code	Service Description	Eligible Practitioner	Fee Schedule Rate	
Statewide Multi-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	Case Management	being added	Case Management with patient or family present (Face to Face), 30 min tly, PPS Credentials are to the State Plan (SPA). They are not eligible	PA, NP, RN, Psych, Ed. Psych, LCSW, LMFT, LPCC, AMFT, ASW, APCC, PPS School Psychologist, PPS School Social Worker, PPS School Counselor	\$36.71	

## Drilling Deeper Into Braided Funding (Sample Version Fee for Service)

	Fee Schedule Staff Example				Calculated Field	calculated Field				
			FTE, per			Estimated 🗡	Equals			
Procedure	K K		Submitted	Productivity	Yearly Billable	Yearly Revenue	Hours a			
Code	Type of Activity	Per Hour	Budget	Expectation	Hours	Payment	Week			
99366	Case Mgt. with patient or family present (Face to Face), 30 min@ \$36.71	\$73.42	1.00	20%	347.20	\$25,491.42	8			
90837	Psychotherapy session, individual, 53 or more min	\$131.97	1.00	20%	347.20	\$45,819.98	8			
90846	Family psychotherapy session; single family without patient present, 50 min	\$86.64	1.00	10%	173.60	\$15,040.70	4			
99403	Preventive Medicine, Individual Counseling – 45 minutes	\$77.91	1.00	10%	173.60	\$13,525.18	4			
				60%	1,041.60	\$99,877.29	(1)24			
						\$130,000.00	C	Total Salary & Be	enefits	
						-\$30,122.71		Total Funding Ne	eded for fi	ull FTE
	Sample Salary and Benefits \$130,000									
	Mental Health Specialist 8 hours/day, 217 days = 1,736 hours per year									
	* The above are payments less than full hour, but are calculated as full hours									
	for example. Consult the Fee Schedule Manual to be published by DHCS for									
	details on billing minutes.									
	**This tool is only an example and care should be taken as the Fee Schedule									
	continues to evolve and details published. This tool is not endorsed by DHCS									
	and should only be used as a planning tool.									

Note that this is an exercise and not an exact representation of your billing. It should not be considered what will happen at your site but rather a suggestion of how you might determine reimbursement in your LEA.

## Possible Fee Schedule Scenario



Partner with County Behavioral Health to explore braiding funding sources such as:

Specialty Mental Health Services and Early and Periodic Screening, Diagnostic and Treatment (<u>EPSDT</u>) (Medi-Cal)

Administered / Authorized by County Behavioral Health

Student must be Medi Cal and must establish medical necessity

Available to beneficiaries up to the age of 21

Major changes to increase access and ability to implement <u>https://www.dhcs.ca.gov/calaim</u>

"CalAIM is moving Medi-Cal towards a population health approach that prioritizes prevention and whole person care.

Extend supports and services beyond hospitals and health care settings directly into California communities.

## Discussion Question

With the scenarios presented, what strategies or funding sources does your program have available to cover the funding gap between Fee Schedule and MHSSA or other grants?



## Changes in Rates Under <u>Cal Aim</u> Opportunities for Sustainability

			Medi-(	Cal Eligible	Students Only	/	
Contractor- XX					Calculated Field	Cal	culated Field
			FTE, per		<b>N</b>		
			Submitted	Productivity			Estimated
Direct Service Staff		Rate	Budget	Expectation	Billable Hours		Payment
Psychiatrist/ Contracted Psychiatrist	\$	926.86		45%	-	\$	-
Physicians Assistant	\$	415.69		40%	-	\$	-
Nurse Practitioner	\$	460.90		40%	-	\$	-
RN Certified Nurse Specialist LVN Pharmacist	\$	376.48		40%	-	\$	-
Certified Nurse Specialist	\$	460.90	v136t	40%	-	\$	-
LVN CXOT	\$	197.77	v130	40%	-	\$	-
Pharmacist	\$	443.66		40%	-	\$	-
Licensed Psychiatric Technician	Ş	169.55		40%	-	\$	-
Psychologist/Pre-licensed Psychologist	\$	372.75		40%		\$	-
LPHA (MFT, LCSW, LPCC)/ Intern or Waivered LPHA (MFT, LCSW, LPCC)	\$	241.22	1.00	40%	694.40	\$	167,501.78
Occupational Therapist	\$	321.10		40%	-	\$	-
Mental Health Rehab Specialist	\$	181.48		35%	-	\$	-
Peer Recovery Specialist	\$	190.55		35%	-	\$	-
Other Qualified Providers - Other Designated MH Staff that Bill Medical	\$	181.48		40%	-	\$	-
			1.00		694.40	\$	167,501.78

## Sample County Comparison Medi-Cal vs Fee Schedule

	Specialty MH vs Fee Schedule Non-Speciality Example				Calculated Field	Calculated Field
			FTE, per			
			Submitted	Productivity		Estimated
Medi-Cal	Direct Service Staff	Rate	Budget	Expectation	<b>Billable Hours</b>	Payment
Specialty MH →	LPHA (MFT, LCSW, LPCC)/ Intern or Waivered LPHA (MFT, LCSW, LPCC)	\$ 241.22	1.00	40%	694.40	\$ 167,501.78

Specialty Mental Health is considered "Intensive Mental Health Services.

Fee for Service is considered "Mild to Moderate Services"

Tier III type of Services vs Tier II Services

Two Types of LEA Medi Cal Funding:

Primary Types:

(Medi-Cal Administrative Activities, & Local Educational Agency Medi-Cal (LEA Program Targeted Case Management)

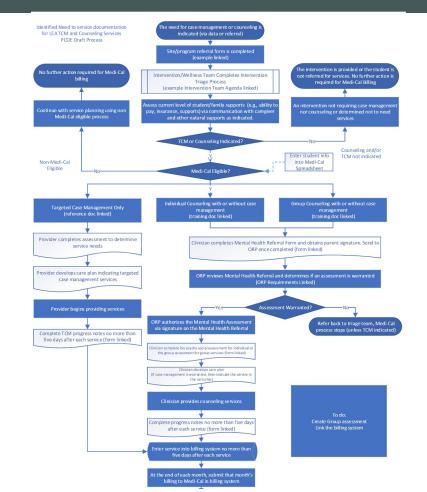
Designed a <u>Process Map</u> for LEA Targeted Case Management TCM and Pilot Project Goal:

- 1. Identify processes and forms necessary for TCM
- 2. Determine the number of Medi Cal Eligible Students using Mental Health Supports
- 3. Identify quality improvement and documentation strategies

### Evaluate Process for LEA Billing Option Program (BOP)

Develop a process map for the workflow to identify barriers, trigger points, and detailed processes for LEA- BOP.

Script each move with deliberation.



The California State Plan Amendment 15-021 was approved on April 27, 2020

Local Educational Agency Medi-Cal Billing Option Program (LEA BOP)

"Expands reimbursements to include covered services under an Individualized Health and Support Plan (IHSP), which will allow LEAs to receive reimbursement for eligible beneficiaries without an Individualized Education Plan (IEP) or Individualized Family Services Plan (IFSP), resulting in increased services for Medi-Cal eligible general education students."

Early Related Mental Health Services (ERMHS) Expansion & Senate Bill 98 (Link Here)

Starting in 20-21, ERMHS funds can be used for mental health-related services, including:

Out-of-home residential services for emotionally disturbed students

Counseling and guidance service (including counseling, personal counseling, and parent counseling and training)

Psychological services

Social work services

Behavioral interventions (ADDED)

Other mental health-related services not required by IDEA (ADDED)

#### \*\*\*Early Childhood Education\*\*\*

<u>AB-2698 "California state preschool programs: general child care and development programs:</u> <u>mental health consultation services: adjustment factors."</u>

Assembly Bill 2698 — Effective January 1, 2019

"Assembly Bill 2698 allows contractors to receive an additional adjustment factor of 1.05 for children who are served in a California state preschool program, infants and toddlers who are 0 to 36 months of age and are served in general child care and development programs, or children who are 0 to 5 years of age and are served in a family child care home education network setting funded by a general child care and development program, where early childhood mental health consultation services, as defined, are provided, pursuant to specified requirements."

CA State Preschools must take steps to prevent Expulsion or disenrollment due to behavior. (Link to CDE Information Letter Here)

#### Family First Prevention Services Act (FFPSA)

FFPSA amends the Title IV-E foster care program and revises Title IV-B, subparts 1 and 2 programs.

Included in FFPSA:

Title IV-E reimbursement for evidence-based, trauma-informed prevention services.

Support for kinship (relative) caregivers.

Limits on congregate care placements.

Improvements to services for older and transitional-aged youth.

#### Family First Prevention Services Act (FFPSA)

- Link to State Website for FFPSA (Click Here)
- Link to "CA's Five Year State Prevention Plan (Click Here)
- CA Vision for FFPSA
  - Shifting the focus from the protection of children and youth who have been harmed by abuse or neglect to the strengthening of families within a reimagined child and family well-being continuum in order to support the prevention of child maltreatment and the recurrence of maltreatment.
  - "An integrated state-wide system that supports families to provide safe, stable, nurturing relationships and environments for their children and youth".
  - "Vision involves a system of care supported by a framework for prevention that includes primary, secondary, and tertiary strategies, grounded in principles of fairness and equity."
    Potential Candidates for FFPSA Consideration Read Carefully pages 19-22 (<u>Click</u>)

Potential Candidates for FFPSA Consideration -Read Carefully pages 19-22 (<u>Click Here</u>) TARGET POPULATION OF POTENTIAL CANDIDATES

Children in voluntary or court-ordered Family Maintenance	Homeless Youth
Probation minors subject to a petition under section 602	Lesbian, Gay, Bisexual, Transgender and Queer/questioning (LGBTQ) children
Children whose guardianship or adoption arrangement is at-risk of disruption	Substance-exposed newborns
Children with a" substantiated" or "inconclusive" disposition of a child abuse or neglect allegation	Trafficked children
Children who have siblings in foster care	Children exposed to domestic violence
Children whose caretakers experience a substance use disorder	Children or youth experiencing other risk factors that when combined with family instability or safety threats

Current CA Ten Approved Programs: APPENDIX A - EBP TABLE Page 49 (link)

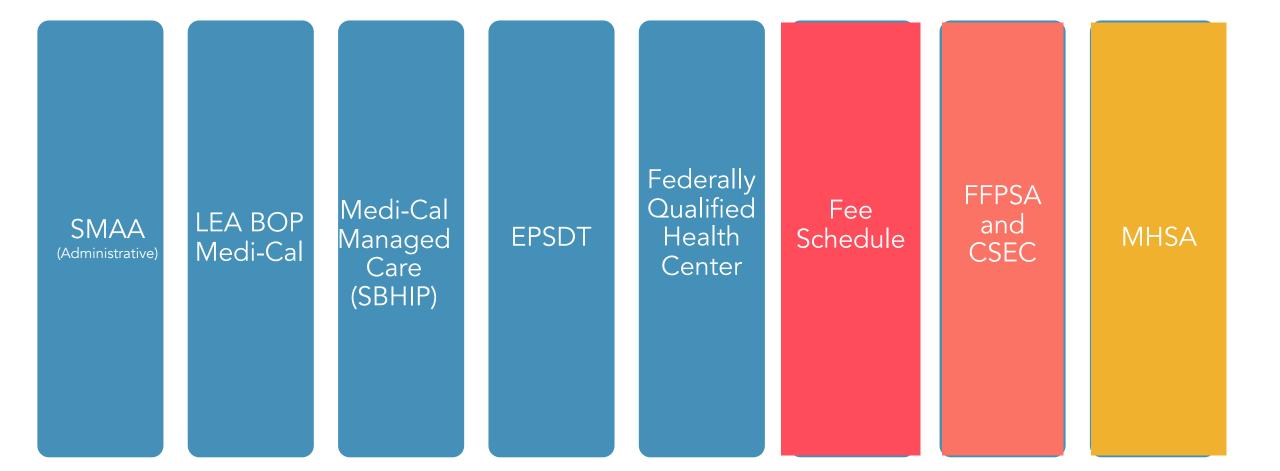
Nurse-Family Partnership	Family Check-Up			
Healthy Families America (HFA)	Functional Family Therapy			
Parents As Teachers	Homebuilders			
Brief Strategic Family Therapy	Motivational Interviewing for Substance Use			
Multisystemic Therapy	Motivational Interviewing for Cross Case Management			

## Discussion Question

Please discuss one strategy you might use to sustain the implementation of MHSSA programs.



## Opportunities for Sustainability Continuum of Options - Not One Size Fits All -



## Resources

School Mental Health Funding - California School Based Health Alliance (Link) Public Funding for School-Based Mental Health Programs (CSHA) (Link) CA-School-Mental-Health-Implementation-Guide - MHSOAC (Link) Interconnected Systems Framework (Link) Practical Guide for Financing Social, Emotional, and Mental Health in Schools – Breaking Barriers (Link) Guidance to States and School Systems on Addressing Mental Health – SAMHSA (Link) Local Educational Agency Medi-Cal Billing Option (Link) Child Youth Behavioral Health Initiative (Link)

## Meeting the Funding Challenges for Mental Health Services in Schools

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## Three CYBHI Projects Supporting Improved Outcomes

- 1. Transforming Together (T<sup>2</sup>)
- 2. State Guidance for HIPAA & FIRPA
- 3. Improved Ecosystem

# The Transforming Together (T<sup>2</sup>) is an integrated-systems project at the intersection of mental health and community schools efforts

Three-year, integrated systems project to improve student behavioral health and well-being through the coordinated implementation of California's Community Schools Partnership Program (CCSPP) and the Children and Youth Behavioral Health Initiative (CYBHI).

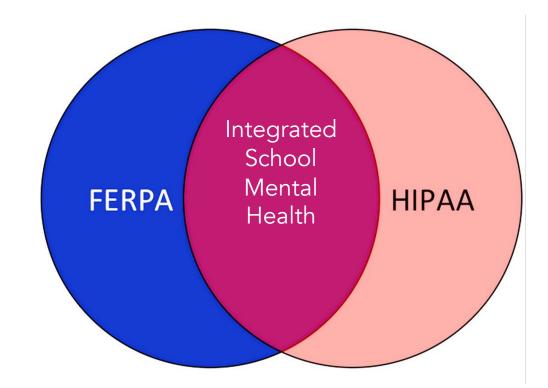
Grounded in the **Governor's Master Plan for Kids' Mental Health** and recommendations outline in the **CYBHI Ecosystem Working Paper** the project will demonstrate:

- How local sites can build or strengthen the collaboration and partnership necessary to harmonize implementation of CCSPP and CYBHI
- How these initiatives can be deeply integrated to advance equity and center youth
- What tools, mechanisms and approaches support local partners to integrate across systems

## CYBHI State Health Information Guidance (SHIG) HIPPA / FIRPA Project

#### **Process:**

- HHS Contracted with Third
  Sector to develop new SHIG
- Support integration/intersection of Mental Health in Schools
- Implementation of Multi-Payer
  Fee Schedule
- Formed cross sector workgroup
- Working with the <u>Social Changery</u> to integrate youth and family voice.



## CYBHI and Integrated System Collaboration "Working Paper: California's Children & Youth BH Ecosystem"

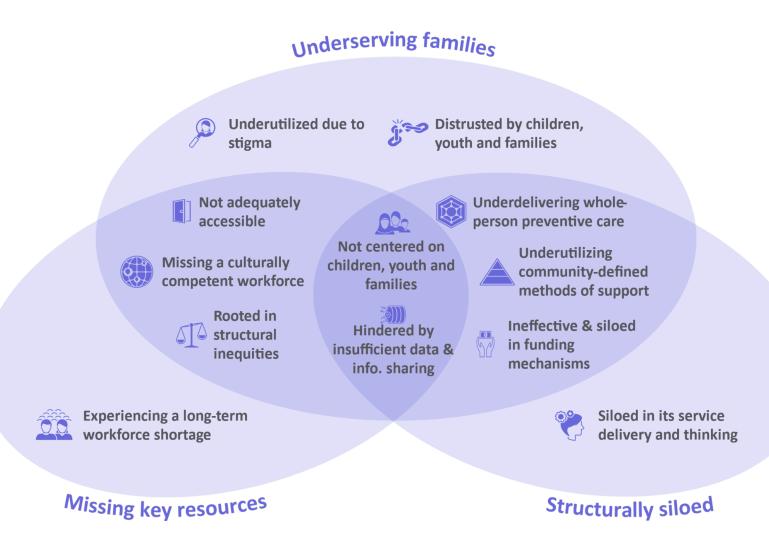
Working Paper: California's Children & Youth Behavioral Health Ecosystem

> Authored by a multidisciplinary team led by Breaking Barriers California Commissioned by CalHHS





CA's current child/youth behavioral health system is...



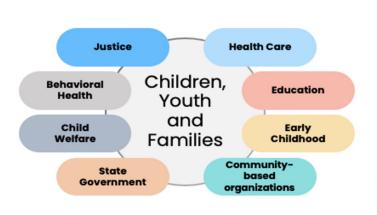
Necessary Components of a Redesigned Children's System



# Integrative necessary components

#### What will it take?

Who is involved Young people, families and those who support them

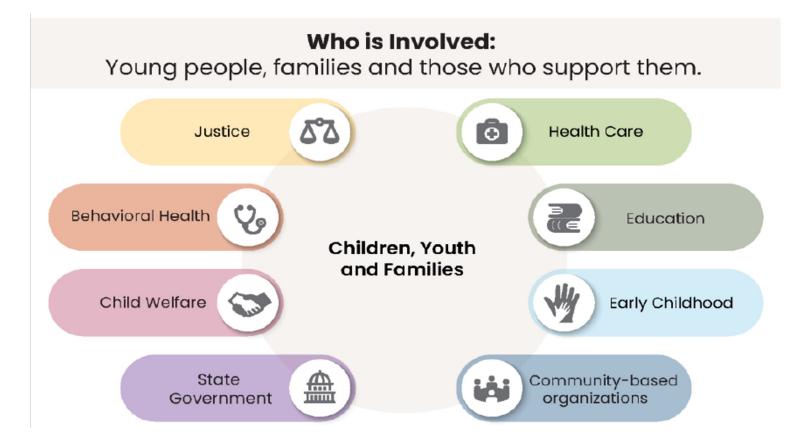




How Action at every level



#### Integrative necessary components



### Necessary components for a redesigned ecosystem



## Meeting the Funding Challenges for Mental Health Services in Schools

Michael Lombardo Education and Human Services Advisor <u>mlombardocollaobration@outlook.com</u>



## Resources

School Mental Health Funding - California School Based Health Alliance (Link) Public Funding for School-Based Mental Health Programs (CSHA) (Link) CA-School-Mental-Health-Implementation-Guide - MHSOAC (Link) Interconnected Systems Framework (Link) Practical Guide for Financing Social, Emotional, and Mental Health in Schools – Breaking Barriers (Link) Guidance to States and School Systems on Addressing Mental Health – SAMHSA (Link) Local Educational Agency Medi-Cal Billing Option (Link) Child Youth Behavioral Health Initiative (Link) DHCS Fee Schedule (Link) Understanding LEA BOP and Fee Schedule (Video Link) Certified Wellness Coach HCAI (Link) Certified Wellness Coach (Public Link) Wellness Coach (Video Link)