

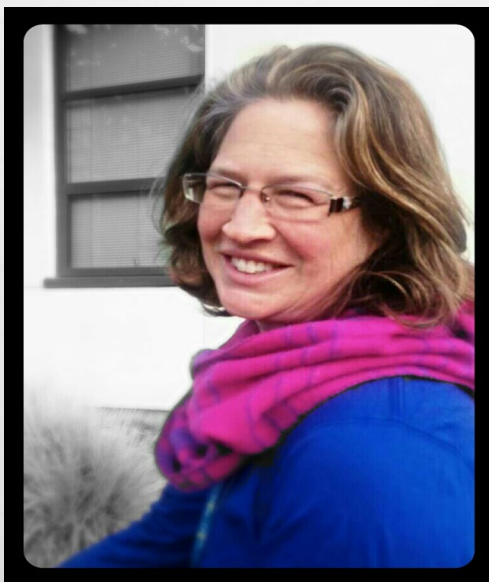
# **MHSSA GRANT**

A COLLABORATION BETWEEN BERKELEY MENTAL  
HEALTH & BERKELEY UNIFIED SCHOOL DISTRICT



# OUR TEAM

**ROSINA KEREN, LCSW, PPSC**



**JONATHAN MADDOX, MFT**



**CAROL PEREZ**



# OUR DISTRICT SERVES

12 ELEMENTARY SCHOOLS

3 MIDDLE SCHOOLS

2 HIGH SCHOOLS



# DEMOGRAPHICS

ELEMENTARY SCHOOLS: 3870 STUDENTS

MIDDLE SCHOOLS: 1917 STUDENTS

HIGH SCHOOLS: 3290 STUDENTS



# **DIVERSITY OF STUDENTS/FAMILIES**

**ASIAN STUDENTS: 9%**

**AFRICAN AMERICAN/BLACK STUDENTS: 12%**

**CAUCASIAN STUDENTS: 41%**

**LATINO STUDENTS: 22%**

**MULTI-ETHNIC STUDENTS: 16%**

**ENG LANGUAGE LEARNERS: NEW COMERS**

**SP.ED.:**

# **MENTAL HEALTH COMMUNITY PARTNERS**

**BERKELEY MENTAL HEALTH FAMILY YOUTH & CHILDREN SERVICES**

**BAY AREA COMMUNITY RESOURCES**

**CHILD THERAPY INSTITUTE**

**LIFELONG MEDICAL GROUP**

**SENECA CENTER**

# **GRANT DELIVERABLES**

- **MENTAL HEALTH COORDINATOR**
- **CARE NAVIGATOR**
- **ENHANCE CULTURALLY RESPONSIVE NAVIGATION SUPPORT FOR STUDENTS/FAMILIES**
- **PROVIDE TRAINING TO TEACHERS/STAFF TO SUPPORT THE BENEFIT OF HEALTHY CAMPUSES**
- **SUSTAIN MENTAL HEALTH SERVICES ON ELEMENTARY/MIDDLE SCHOOL CAMPUSES**
- **IMPLEMENT MENTAL HEALTH PEER EDUCATION PROGRAM AT B.T.A.**
- **CONDUCT A COMPREHENSIVE NEEDS ASSESSMENT AND STRATEGIC PLAN**
- **WELLNESS ROOMS**

# PROGRAM IMPACT

## TIER 1

CLASSROOM PRESENTATIONS

SCHOOL-WIDE ASSEMBLIES

MENTAL HEALTH FOCUSED WORKSHOPS

FOR PARENTS/CAREGIVERS

## TIER 2

GRIEF GROUPS

CHILDREN OF DIVORCE

EMOTIONAL REGULATION

SOCIAL SKILLS GROUPS

AFFINITY GROUPS: LA RAZA, BLACK

GIRLS UNITED

## TIER 3

MENTAL HEALTH SERVICES (ON-SITE/IN  
COMMUNITY)

SERVED BY CBO'S AND INTERNS

PRIVATE INSURANCE NAVIGATION

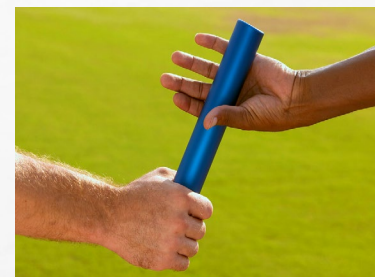
CRISIS REFERRALS, AS NEEDED



# **M.H. SCREENING TOOL**

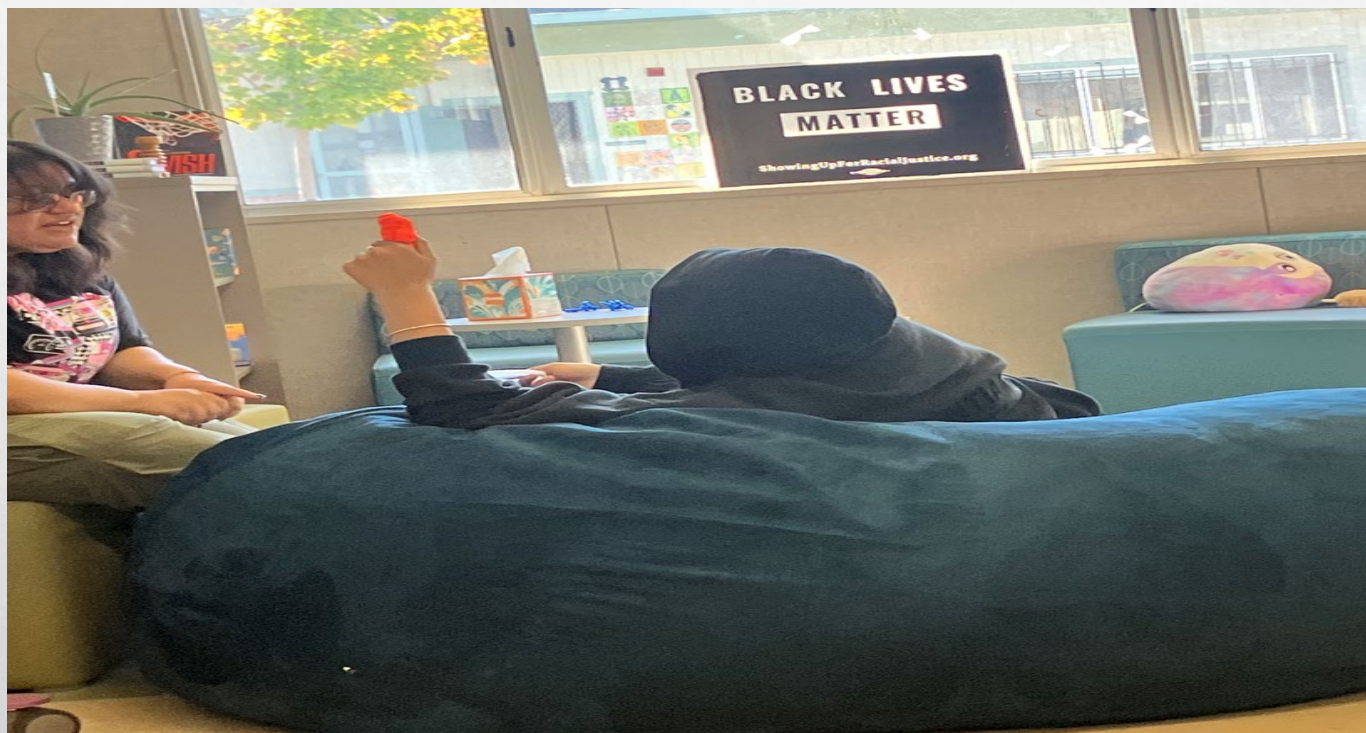
- **442 STUDENTS SCREENED**
- **COS (COORDINATION OF SERVICES)**
- **BY SCHOOL STAFF**
- **PARENTS/GUARDIANS**

# **PROGRAM SUCCESSES**



- **COLLABORATION BETWEEN BUSD CABINET ADMINISTRATORS AND SENIOR CITY LEADERS REGARDING MH RESOURCES**
- **FUNDING OF MENTAL HEALTH SERVICES FOR ELEMENTARY SCHOOL SITES**
- **EXPANDED THE NUMBER OF INTERNS AT OUR MIDDLE SCHOOLS THROUGH STIPENDS**
- **COMPLETION OF SCHOOL DISTRICT NEEDS ASSESSMENT**
- **CREATION OF WELLNESS CENTER AT BERKELEY TECHNOLOGY ACADEMY**
- **IMPLEMENTED PEER EDUCATION PROGRAM AT BTA**
- **PROVIDING Y.M.H.F.A. TRAININGS FOR DISTRICT STAFF**
- **CREATION OF SCREENING TOOL TO IDENTIFY STUDENTS WITH MH NEEDS**

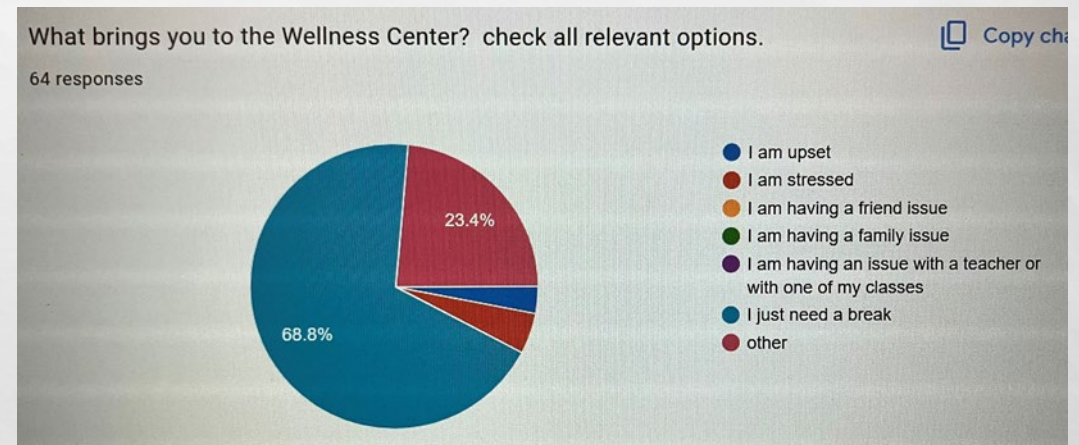
# PROGRAM SPOTLIGHT BTA WELLNESS CENTER



# PROGRAM SPOTLIGHT

## DATA

- **GRAND OPENING: 9/2024**
- **POPULATION ON CAMPUS: 50 STUDENTS**
- **UTILIZATION: 64 CONTACTS SINCE OPENING**



# **PROGRAM SPOTLIGHT**

## **SERVICES PROVIDED**

- CRISIS SUPPORT
- CALMING STATIONS
- LINKS TO THERAPY/PSYCHIATRY
- CONFLICT RESOLUTION SUPPORT
- COMPASSIONATE LISTENING

# CARE NAVIGATION ROLE

- PROMOTE PARENT EDUCATION AND INVOLVEMENT IN VARIOUS SCHOOL PROGRAMS AND OTHER ACTIVITIES
- ATTEND COS MEETINGS TO IDENTIFY AND REFER STUDENTS WHO NEED MENTAL HEALTH CARE
- IMPLEMENT SCREENING TOOL TO COLLECT CLINICAL AND DEMOGRAPHIC INFORMATION
- LIAISE CLOSELY WITH THE MENTAL HEALTH COORDINATOR, CBOS, THE OFFICE OF FAMILY ENGAGEMENT AND EQUITY (OFEE), AND MENTAL HEALTH PROVIDERS WORKING IN THE SCHOOLS
- ASSIST IN CONNECTING STUDENTS AND FAMILIES TO NEEDED RESOURCES BOTH WITHIN AND OUTSIDE OF THE SCHOOL DISTRICT

# YEAR 3 & 4 FOCUS



# SUSTAINABILITY OF SERVICES





# STRATEGIC PLANNING

THE MHSSA TEAM IS IN THE PROCESS OF  
DEVELOPING A DISTRICT WIDE STRATEGIC  
PLAN BASED ON RECOMMENDATIONS FROM  
THE INITIAL NEEDS ASSESSMENT

