

COMMUNITY FORUM AGENDA

Diverse Approaches to Preventing Suicide and Inspiring Hope in Our Communities

Wednesday, October 24, 2018
1:00 PM – 5:00 PM
Redwood Conference Room,
1100 San Leandro Blvd., San Leandro, California

TOPIC	TIME
Welcome	1:00 pm
Opening Remarks <ul style="list-style-type: none"> • Commissioner and Suicide Prevention Subcommittee Chair Tina Wooton • Commission Vice Chair and Suicide Prevention Subcommittee Member Khatera Aslami-Tamplen • Alameda County Supervisor Scott Haggerty, District 1 	1:15 pm
Opening Ceremony by La Clínica de La Raza Inc.	1:30 pm
Trends in Suicide <ul style="list-style-type: none"> • Cris Rita, MA, Community Education Coordinator, Crisis Support Services of Alameda County 	1:40 pm
Survivor Story Jeffrey Caiola, Peer Support Specialist & Mentor	2:00 pm
Table Top Discussions <ul style="list-style-type: none"> • What are some of the unique challenges to health and wellness in your community? What do you think are some of the root causes of hopelessness in your community? • If you were feeling unsafe or unwell, who would you call? How would you reach out for help? Who are the leaders in your community that you might feel comfortable reaching out to for help or guidance? 	2:15 pm

All meeting times are approximate and subject to change. Agenda items may be taken out of order to accommodate speakers. Pursuant to the Americans with Disabilities Act, individuals who, because of a disability, need special assistance to attend or participate in a Mental Health Services Oversight and Accountability Commission or Committee Meeting may request assistance at the Commission office, 1325 J Street, Suite 1700, Sacramento, CA 95814, by calling 916-445-8696, or by emailing the MHSOAC at mhsoac@mhsoac.ca.gov. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to MHSOAC meetings.

TOPIC	TIME
<ul style="list-style-type: none"> • What are some of the changes that could be made to make your community a better place? What would make your community a safer place to live and thrive? • What are some of the practices from your culture that promote health and wellbeing? Do you feel free to engage in these practices in your home? In your community? • What do you feel or think of when you hear about suicide? What would be your reaction if someone in your community attempted or died by suicide? 	
Break	3:45 pm
Group Discussion Return as a group and report-out table top discussions	4:00 pm
Closing Ceremony Singing by Stephen Hayes, Sexual and Gender Alliance Committee Chair, Pool of Consumer Champions	4:45 pm
End of Forum	5:00 pm

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