
Foundry Youth Mental Health Integrated Care Model

Please join CBHDA and the Commission for a presentation and discussion of the Foundry youth mental health integrated care model from British Columbia

When: Wednesday, March 7, 9 a.m. – 3 p.m.

Where: Steinberg Conference Room
Mental Health Services Oversight and Accountability Commission
1325 J Street, Suite 1700
Sacramento, CA 95814

Half of all mental health needs begin by age 14, but many children and youth struggle to access care appropriate for their needs, particularly care that integrates behavioral health care, medical care, substance use intervention, and educational/employment supports.

As counties throughout California expand prevention and early intervention programs, including school-linked services and early psychosis interventions, opportunities remain to close gaps in the continuum of programs and promote links to existing systems of care.

Innovative models, such as the Foundry Program (<https://foundrybc.ca/>) in British Columbia (similar to the *headspace* program in Australia and Jigsaw in Ireland) can support this critical continuum for 12-25 year olds.

Foundry involves over 100 partnerships across the province of BC. The Foundry central office, hosted by Providence Health Care, leads the provincial initiative and supports the development of local centres. Each Foundry centre is operated by a lead agency that brings together local partners, service providers, young people and caregivers. Foundry's online platform, foundrybc.ca, is powered by BC Children's Hospital.

Foundry representatives also will describe the new international network for youth mental health programs called Frayme (<https://www.frayme.ca/>) and discuss how programs across California can become involved.

Please join us to meet and learn directly from the Foundry team about their expanding youth mental health service system that is growing throughout British Columbia and now Canada.

Agenda

- 9:00 a.m. Welcome and Introductions
- 9:15 a.m. Improving Access to Care for Children and Youth
John Boyd, Psy.D., Chair, and Toby Ewing, Executive Director
Mental Health Services Oversight and Accountability Commission
- 9:35 a.m. Expanding Integrated Care for Youth and Young Adults
Steven Adelsheim, M.D., Director,
Stanford Center for Youth Mental Health and Wellbeing

Youth Representative, Santa Clara *headspace* youth advisory committee
member
- 10:00 a.m. The Foundry, British Columbia

Steven Mathias, MD, FRCPC, B.Sc., Executive Director, Foundry
and team
- 11:00 a.m. Santa Clara County – Innovation *headspace*

Toni Tullys, Director
Santa Clara County Behavioral Health

Steven Adelsheim, M.D., Director
Stanford Center for Youth Mental Health and Wellbeing
- 11:30 a.m. Discussion: Opportunities in California
- 12:30 p.m. Working lunch on site
- 1:30 p.m. Follow-up discussions, planning and networking
- 3:00 p.m. Closing Comments