

---

May 15, 2020

Greetings,

I hope this email finds you, your colleagues and loved ones safe and healthy in the midst of COVID-19 uncertainty. As you are likely aware, this health crisis will also have unprecedented consequences on the mental health of the workforce, including increased levels of anxiety, depression and post-traumatic stress. As employers and employees adjust to new workflows and to fear and uncertainty about the economy, building resilience in the workplace is more important than ever.

In order to guide organizations and workers in this unprecedented era, the Mental Health Services Accountability and Oversight Commission and One Mind at Work are convening employers, employees and subject matter experts from the labor, healthcare and education fields with the goal of discussing workplace mental health in California and developing a framework for voluntary standards for promoting mental health and wellness in the workplace.

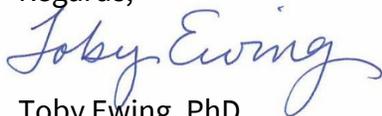
**We are pleased to invite you to attend this public convening on workplace mental health. In response to the COVID-19 pandemic, the convening will take place virtually from 10am to 12pm PST on May 27, 2020, over Zoom videoconference.**

The agenda for the meeting includes an overview of the mental health landscape in California and a panel discussion with an opportunity for public comment and Q&A. Following the meeting, we will distribute a summary of findings and key takeaways that will give employers and employees actionable insights on implementing mental health best practices in their workplaces.

Please RSVP at <https://bit.ly/2y1ROKG> by May 27, 2020. [Please see agenda posted on our website](#) for the Zoom dial-in information for the virtual gathering.

Thank you for your commitment to reducing stigma around mental health and improving the wellbeing of Californians living with mental illnesses. We look forward to seeing you.

Regards,



Toby Ewing, PhD  
Executive Director

Mental Health Services Oversight and Accountability Commission