



**Prevention and Early Intervention Subcommittee  
Regional Listening Session: Central Region  
Meeting Agenda**

**Monday, March 8, 2021 | 1:00 PM – 3:00 PM**

**Zoom Teleconference**

Note: The meeting audio will be recorded.

**Join:** <https://zoom.us/j/96016878182?pwd=cDF5VkliSkIHdzFGQ0tpY2xVTEZVZz09>

**Call-in Number:** (408) 638-0968 **Meeting ID:** 960 1687 8182 **Passcode:** 317981

<b>TIME</b>	<b>TOPIC</b>
<b>1:00 PM</b>	<b>Welcome &amp; Introductions</b> Subcommittee members: Chair Mara Madrigal-Weiss and Vice Chair Mayra Alvarez
<b>1:30 PM</b>	<b>Facilitated Breakout Groups</b> Participants will select one (1) breakout group to attend, according to their area of interest.  <b>Group 1:</b> Lived experience with mental health needs <b>Group 2:</b> Supporting people with mental health needs  The objectives of each breakout group are to: <ul style="list-style-type: none"><li>• Identify and discuss <b>barriers to recognizing mental health needs early and accessing appropriate services</b></li><li>• Describe <b>helpful and harmful factors</b> in your communities that affect mental well-being</li><li>• Identify and discuss possible <b>action the State can take to advance prevention and early intervention</b> in your communities</li></ul>
<b>2:30 PM</b>	<b>Full Group Report-Out</b>
<b>3:00 PM</b>	<b>Adjourn</b>

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