

EARLY INTERVENTION AND PREVENTION: A FRAMEWORK FOR CHANGE – Part 2

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Lecture Outline

- Two decades of early intervention and prevention
- EPI Programs that have scaled
- Opportunities for California 2019 - 2024
- A vision for 2024

What makes us unique?

- Diversity – majority minority state
- Abundance - \$21B surplus
- Intellectual capital – UC system, Stanford, S.V.
- Comm Coll system – 2.1M students/114 campuses
- MHSA - >\$2B with funds for PEI, innovation
- Leadership – Governor committed (\$25M + AB1315)

What makes California a unique challenge?

- 56 different specialty mh programs
- Carve out for mh specialty care, SUD
- Fragmentation of health care from education
- Workforce not trained for CSC or other EIP effort
- Universities not touching much of the state
- Appetite for state-wide effort?

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Our Challenge

- 32K young people will experience FEP by 2024
- >10X this number will benefit from early intervention for MH problem that will not evolve to FEP, but will contribute to morbidity and mortality
- We know populations at broad behavioral health risk (foster care, juvenile justice, identified K-12) and specific FEP risk
- How do we build an EIP program that is not limited to the health system?

Our Opportunities - 2020

- MHSA "refresh"
- 1115 and 1915(b) waiver renewal
- Re-procurement of MCO contracts
- Governor's plan – California leadership in MH/SUD

Early Wins - 2020

- Train workforce of 100 (in person, online, telehealth support)
- Standard procedures and data in 5 FEP clinics, link to EPINET
- Engage private sector in joint effort
- Target 5 new clinics including under-served regions

Potential Measures of Success

Early Intervention and Prevention - 2024

- DUP < 2 weeks
- 20% increase in hs graduation rate for youth w SED
- 30% reduction in hospitalization and incarceration for vulnerable populations
- 10% reduction in suicide for ages 15 - 29

Paths to Success

- Regional FEP clinics, linked to schools/communities, county SMH, and EPINET
- Sustain workforce with local talent
- Connect to youth drop-in centers (allcove) and other emerging community resources
- Don't be limited by brick and mortar

Thank You

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