



CONTRA COSTA COUNTY INNOVATION PLAN

July 28, 2016



WELLNESS • RECOVERY • RESILIENCE

Outline

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- OAC Process
- Contra Costa County Presentation
 - Context
 - Contra Costa Innovation History
 - Proposed INN
 - Proposed INN Project Learning Objectives
- Motion



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Summary

- Contra Costa seeks approval for the Overcoming Transportation Barriers Project.
 - Primary purpose is to increase access to mental health services by hiring and training Peer Transportation Coordinators to assist in navigating transportation challenges for persons with mental health challenges.
 - Amount: \$1,023,246. Project duration: 4 years.
- Staff recommends that Contra Costa's proposal has met or exceeded minimum program requirements.

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Materials

- The following materials were included in the meeting packets and are posted on our website:
 - Staff Innovation Summary—Contra Costa
 - County Innovation Brief—Contra Costa

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Regulatory Criteria

- **Funds exploration of new and/or locally adapted mental health approach/practices**
 - Adaptation of an existing mental health program
 - Promising approach from another system adapted to mental health
- **One of four allowable primary purposes:**
 - Increase access to services
 - Increase access to services to underserved groups
 - Increase the quality of services, including measurable outcomes
 - Promote interagency and community collaboration
- **Addresses a barrier other than not enough money**
- **Cannot merely replicate programs in other similar jurisdictions**
- **Must align with core MHSA principles (e.g. client-driven, culturally competent, recovery-oriented)**
- **Promotes *learning***
 - Learning ≠ program success
 - Emphasis on extracting information that can contribute to systems change

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What OAC Staff Look For

- **Specific requirements regarding:**
 - Community planning process
 - Stakeholder involvement
 - Clear connection to mental health system or mental illness
 - Learning goals and evaluation plan
- **What is the unmet need the county is trying to address?**
 - Cannot be purely lack of funding!
- **Does the proposed project address the need(s)?**
- **Clear learning objectives that link to the need(s)?**
- **Evaluation plan that allows the county to meet its learning objective(s)?**
 - May include process as well as outcomes components

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Contra Costa County Context

■ County Characteristics:

- Located East of San Francisco in the Greater Bay Area; population: one million residents.
- 800 square miles divided into three geographically separate regions; West, Central and East. Widely disparate types of communities; from densely urban, to bedroom, to rural farmland.
- Non-Hispanics identify as 58% White, 15% Asian/Pacific Islander, 9% African American, .6 % Native American, 16% bi-racial or other. 24% identify as Hispanic. 13% identify Spanish as first language (meets threshold criteria), 4% Chinese dialect or Tagalog.
- \$79,135 median household income, 7.6% live below federal poverty level. Communities tend to congregate by income level and culture/ethnicity, from wealthy Blackhawk to impoverished San Pablo. Approximately 3,500 people are homeless.

■ County Behavioral Health Services Characteristics:

- Serves higher proportion of seriously mentally ill than state average.
- Contract PEI programs engage cultures underserved by county mental health clinics.
- Strong history of peer support providers, family partners and stakeholder participation.

■ Mental Health Service Challenges:

- Access and navigation of behavioral health services.
- Client movement within levels of care.
- Lack of psychiatry time.

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Proposed INN Project: Overcoming Transportation Barriers

■ Increased Access to Mental Health Care:

Will use three peer support workers (one Spanish speaking) to coordinate transportation efforts and resources across the County and within regions to help consumers build self-sufficiency and apply independent travel skills.

- Utilize job coach model for use of public transportation
- Implement transportation hotline to provide system navigation support utilizing public transportation and personally owned vehicles
- Act as liaison between County, service providers and transit authorities; problem solve common public transportation challenges
- Cross-level county vehicle/driver availability across regions; facilitate shared van rides
- As last resort provide transportation to appointments

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Proposed INN Project: Learning Objectives & Evaluation

- **Specific Learning Objectives:**
 - Do clients report an increased ability to access mental health and support services?
 - Do less clients report transportation as a barrier to accessing services?
 - Do clients improve their life and self-management skills, including system navigation?
 - Do mental health clinic no-show rates decrease?
 - Do peer support workers adapt to the role of transportation coordinator?
- **Evaluation Plan:**
 - Planner/Evaluator staff time will use current survey/data measures to establish baseline prior to, changes during implementation, and impact after project period on the following indicators:
 - Number of clients/family members served
 - Client/family member survey reports on ability to access services and supports, and transportation as a barrier
 - Assessed impact on client independent travel and life skills
 - Clinic no show rates

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Proposed Motion

■ The MHSOAC approves Contra Costa INN Project.

- ◆ Name: Overcoming Transportation Barriers
- ◆ Amount: \$1,023,346
- ◆ Project Duration: 4 Years



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