

San Luis Obispo County INNOVATION PLANS

February 25, 2016



Outline

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- Innovative Project Criteria
- What OAC Staff Look For
- San Luis Obispo County Context
- Proposed INN Project Descriptions
- Proposed INN Project Learning Objectives
- Proposed Motion



Summary

- San Luis Obispo proposes four INN projects, four years each, \$1,919,935.
 - Defining Peer Support: Effective Mentorship for Latino Women (EMLW). Four years, \$615,708.
 - Late Life Empowerment and Affirmation Program (LLEAP). Four years, \$344,311.
 - Transition Assistance and Relapse Prevention (TARP). Four years, \$318,475.
 - Not For Ourselves Alone: Trauma Informed County of SLO (TICS). Four years, \$641,441.
- Staff recommend approval of each plan.



Regulatory Criteria

- **Funds exploration of new and/or locally adapted mental health approach/practices**
 - Adaptation of an existing mental health program
 - Promising approach from another system adapted to mental health
- **One of four allowable primary purposes:**
 - Increase access to services
 - Increase access to services to underserved groups
 - Increase the quality of services, including measurable outcomes
 - Promote interagency and community collaboration
- **Addresses a barrier other than not enough money**
- **Cannot merely replicate programs in other similar jurisdictions**
- **Must align with core MHPA principles (e.g. client-driven, culturally competent, recovery-oriented)**
- **Promotes *learning***
 - Learning ≠ program success
 - Emphasis on extracting information that can contribute to systems change



What OAC Staff Look For

- **Specific requirements regarding:**
 - Community planning process
 - Stakeholder involvement
 - Clear connection to mental health system or mental illness
 - Learning goals and evaluation plan
- **What is the unmet need the county is trying to address?**
 - Cannot be purely lack of funding!
- **Does the proposed project address the need(s)?**
- **Clear learning objectives that link to the need(s)?**
- **Evaluation plan that allows the county to meet its learning objective(s)?**
 - May include process as well as outcomes components



San Luis Obispo County Context

- **Medium-sized county on the central coast**
 - More rural and agricultural than many other coastal regions
 - Near CA averages for income and poverty
- **INN unspent balance ~\$1 million at end of FY 2014-15; Received \$589,336 in INN MHSA revenue; Expended \$587,361.**
- **Challenges:**
 - Recruiting licensed clinical Hispanic/Latino staff members
 - Larger homeless population per capita than other medium size counties
 - No residential or other long-term crisis MH or SUD services



Proposed INN Project 1: Defining Peer Support: Effective Mentorship for Latino Women

- Purpose: Increase the quality of services, including better outcomes
- Local adaptation of peer support services
 - Focus on serving Latino women with lived experience of domestic violence who are also consumers of mental health services.
 - Will study characteristics of peers that support strong mentoring relationships



Proposed INN Project 2: Late Life Empowerment and Affirmation Program (LLEAP)

- **Purpose: Increase the quality of services, including better outcomes.**
- **Introduces an approach from a non-mental health context.**
 - **Provide Older Adults MH Services after loss of a spouse or long-term partner, adapting a curriculum designed for working with victims of domestic violence.**
 - **Will study efficacy of the curriculum adaptation, including tracking outcomes for participants.**



Proposed INN Project 3: Transition Assistance and Relapse Prevention (TARP)

- **Purpose: Increase the quality of services, including better outcomes.**
- **Introduces an approach from a non-mental health context.**
 - **Apply peer mentorship in the transition from wraparound services to more independent models of care and treatment.**
 - **Will study impact of peer mentors on FSP client post-“graduation” outcomes compared to outcomes prior to TARP implementation.**



Proposed INN Project 4: Not for Ourselves Alone: Trauma Informed County of SLO (TICS)

- **Purpose: Promote interagency collaboration.**
- **Adaptation of an existing practice to a new setting.**
 - **Apply a Trauma Informed Care (TIC) training approach across all public agencies in SLO County, training 500+ service providers.**
 - **Will study impact of training on measures of stigma and mental health awareness in the community, MH consumers' satisfaction rates with services by participating agencies, feedback from community-based organizations, and on staff well-being and performance.**



Proposed Motion

The MHSOAC approves San Luis Obispo County INN Projects:

Name: Defining Peer Support: Effective Peer Mentorship for Latino Women

Amount: \$615,708

Project Length: 4 Years

Name: Late Life Empowerment and Affirmation Program (LLEAP)

Amount: \$344,311

Project Length: 4 Years

Name: Transition and Relapse Prevention (TARP)

Amount: \$318,475

Project Length: 4 Years

Name: Not for Ourselves Alone: Trauma Informed County (TIC) of SLO

Amount: \$641,441

Project Length: 4 Years

