

Siskiyou COUNTY INNOVATION PLAN

February 25, 2016



WELLNESS • RECOVERY • RESILIENCE

Outline

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Summary

- Siskiyou County proposes to adapt an integrated health and behavioral health care model for coordinating care of adults with serious mental illnesses and are at risk for or with diagnosed chronic health conditions.
 - Health Care Coordination. Five years, \$710,858 in MHSA funding.
- Staff recommends approval.



Regulatory Criteria

- **Funds exploration of new and/or locally adapted mental health approach/practices**
 - Adaptation of an existing mental health program
 - Promising approach from another system adapted to mental health
- **One of four allowable primary purposes:**
 - Increase access to services
 - Increase access to services to underserved groups
 - Increase the quality of services, including measurable outcomes
 - Promote interagency and community collaboration
- **Addresses a barrier other than not enough money**
- **Cannot merely replicate programs in other similar jurisdictions**
- **Must align with core MHPA principles (e.g. client-driven, culturally competent, recovery-oriented)**
- **Promotes *learning***
 - Learning ≠ program success
 - Emphasis on extracting information that can contribute to systems change



What OAC Staff Look For

- **Specific requirements regarding:**
 - Community planning process
 - Stakeholder involvement
 - Clear connection to mental health system or mental illness
 - Learning goals and evaluation plan
- **What is the unmet need the county is trying to address?**
 - Cannot be purely lack of funding!
- **Does the proposed project address the need(s)?**
- **Clear learning objectives that link to the need(s)?**
- **Evaluation plan that allows the county to meet its learning objective(s)?**
 - May include process as well as outcomes components



Siskiyou County Context

- **Small, rural county with population widely dispersed**
 - **Larger area than Connecticut**
- High unemployment, low median household income
- INN: The county has not previously had a project approved by the OAC.
- **Challenges:**
 - Health care is a limited resource (One Rural Health Clinic offers health care services in Yreka and Etna through a limited number of providers)
 - Rated 55 out of 57 Counties for Health Outcomes
 - Drug induced deaths and suicides are more than double the state average
 - Limited Public Transportation
 - Very limited access to psychiatrist and Nurses



Proposed INN Project: Health Care Coordination Project

- **Purpose: Increase the quality of services, including better outcomes.**
- **Local adaptation of an evidence-based practice.**
 - Uses the IMPACT model of coordinated care as a foundation.
 - Team together a LVN, Case Manager, Clinician, and access to transportation services to coordinate intensive services for persons with SMI and a chronic health condition.
 - Will test-pilot protocols for screening, and care coordination and information release for referrals.
 - Will serve at least 30 individuals with co-occurring mental health, substance abuse or physical health disorders.
 - Will convene an advisory board comprised of consumers, family members, primary and behavioral health care providers to assist in identifying needs and resources and program evaluation methodologies.



Proposed INN Project Learning Objectives & Evaluation

■ Specific Learning Objectives:

- Identify and implement effective strategies for behavioral health and primary care integration in rural Siskiyou County.
- Develop an integrated care model that utilizes peer support services.
- Develop effective engagement and retention strategies for clients with complex medical, mental health and/or AOD issues.
- Develop a sustainable collaborative process within the provider network.

■ Evaluation Plan:

- Evaluation activities will be developed and guided by the evaluation Behavioral Health Quality Improvement Committee (QIC) and the Behavioral Health Advisory Board
- Client level outcomes and measures of the effectiveness of the HCC project collaboration will be collected.



Proposed Motion*

- **The MHSOAC approves Siskiyou County's INN Project.**
 - ◆ Name: Health Care Coordination Project
 - ◆ Amount: \$710,858
 - ◆ Project Duration: Five Years



*Note: The amount reflected on the materials distributed earlier was incorrect due to a clerical error. This motion reflects the correct dollar amount.