

## ***Mental Health in the News***

The latest news in mental health, plus information from the MHSOAC including upcoming events and job openings.



### **Beyond Stigma And Bias, Many Transgender People Struggle With Mental Health**

Source: Kaiser Health News

Diana Feliz Oliva, a 45-year-old transgender woman who grew up outside Fresno, Calif., remembers being bullied when she was younger and feeling confused about her gender identity. She was depressed and fearful about being found out, and she prayed every night for God to take her while she slept.

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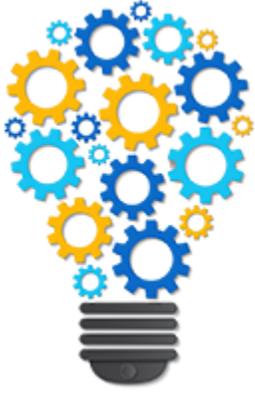
## WHAT THE UNDOCUMENTED IMMIGRANT EXPERIENCE MEANS FOR MENTAL HEALTH

Source: Pacific Standard Mag

A new study finds that a quarter of undocumented Mexican immigrants are at risk for mental-health disorders.

[Read More...](#)

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# New Innovation Approvals

OCTOBER 2017 INNOVATION APPROVALS

## Los Angeles & Kern Counties



**Increasing Access to Mental Health Services and Supports utilizing a Suite of Technology-Based Mental Health Solutions:** Los Angeles and Kern Counties, in a multi-county collaborative, will implement a technology-based service to provide mental health services to reach a large number of people who do not seek mental health treatment (estimated to be a significant portion of the 1 in 5 persons experiencing mental health challenges). The project will involve the coordination of a web-based network of trained, on-call peers available 24/7 to talk with individuals experiencing symptoms of mental illness. California Mental Health Services Authority (CalMHSA), a Joint Powers Authority, will be the fiscal agent.

**Total amount approved:** \$33,000,000 over three years

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## Mendocino County



**Round Valley Crisis Response Services:** Mendocino County is a small rural county that is geographically large. Up to 40% of the community residents of Round Valley are American Indian/Alaskan Native, an underserved population. This project will learn how institutional and governmental agencies can work effectively with the local and tribal community to meet the needs of the community, particularly in developing a culturally responsive crisis response system.

**Total amount approved:** \$1,124,293 over three years

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## San Diego County



**Urban Beats:** This project uses a multi-tiered approach to mental health through artistic expression, social media workshops and one-to-one coaching for Transitional Age Youth. The county is asking for an extension of this project to address the needs of the previously unaddressed areas of North County and the East African Community in San Diego, and to help with transportation barriers identified in the first stages of the program. Additional staff will also be hired.

**Total amount approved:** \$2,259,447 over two years

**Cognitive Rehabilitation and Exposure/Sorting Therapy (CREST) Mobile Hoarding Units:** The program development of the original request for this project (2015) was delayed due to contracting processes. The first clients were not seen until 2016, primarily in the Central and North regionals of the county. This extension will allow the county to expand the program countywide, include bi-lingual social workers, and will create two mobile hoarding units for the East/South regions.

**Total amount approved:** \$2,913,159 over two years

**Telemental Health:** The county has noticed there is a remarkable percentage of discharged psychiatric patients who do not follow up with services and re-enter psychiatric facilities within 30-90 days after their initial discharge. The county wants to increase access to these clients by providing clients using crisis services with a telecommunication device prior to their discharge. The clients/consumers will be trained on how to use the device.

**Total amount approved:** \$5,253,376 over five years



## Upcoming Events

**November 16, 2017**

[MHSOAC Commission meeting, Monterey](#)



## Recent Happenings

[MHSOAC Community Forum in Los Angeles](#)



MHSOAC Chair Tina Wooton receiving the Words to Deeds Paradigm Award for her dedication to improving the lives of people with mental health needs who become involved in the criminal justice system.



## Open Positions

[Research Scientist Supervisor II](#)

Final Filing Date: Until Filled

[Consulting Psychologist](#)

Final Filing Date: Until Filled

[Health Program Specialist I](#)

Final Filing Date: Until Filled

[Health Program Specialist II](#)

Final Filing Date: Until Filled



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